

Introduction

Apparently not satisfied by Jesus' feeding of thousands, some who were there press him for a sign of his power; perhaps it is daily manna they want. As always in John's gospel when people want a sign, Jesus offers himself. He is the bread come from heaven to give life to the world. He calls us to come to him and believe in him, and through that relationship to know the one who sent him.

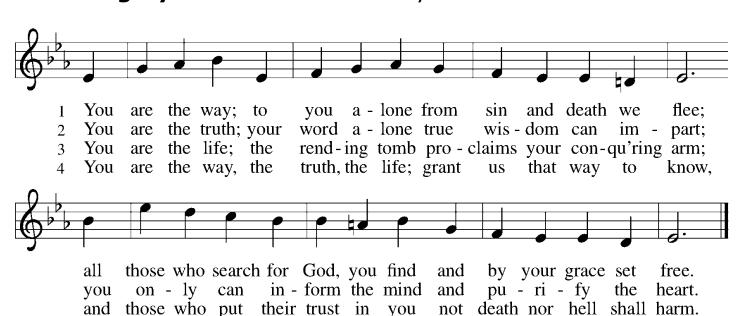
Prelude... "Forever"

truth

that

Gathering Hymn... "You Are The Way"

to keep, that life



Text: George W. Doane, 1799–1859, alt. Music: DUNDEE, *Psalter*, Edinburgh, 1615

win, whose joys

e - ter - nal

flow.

to

Confession and Forgiveness

Blessed be the holy Trinity, + one God, the God of manna, the God of miracles, the God of mercy.

Amen.

Drawn to Christ and seeking God's abundance, let us confess our sin. Silence is kept for reflection.

God, our provider,

help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world.

Amen.

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, + the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life.

Amen.

Prayer of the Day

The Lord be with you.

And also with you.

Let us pray.

O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord. **Amen.**

Psalm 78:23-29



First Reading: Exodus 16:2-4, 9-15

A food crisis becomes a faith crisis for the Israelites in the wilderness. The hungry people forget God's saving work in the exodus, and they wish for the food they had in Egypt. Nevertheless, God miraculously meets their needs, with manna for bread and quail for meat.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

HERE ENDS THE READING.

Second Reading: Ephesians 4:1-16

Christians share fundamental unity and diversity. Our unity consists in the one body, one Spirit, one Lord, one faith, one baptism, and one God. Our diversity is expressed in various forms of ministry whose goal is equipping the saints and building up Christ's one body.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He

ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

HERE ENDS THE READING.

Gospel: John 6:24-36

The Holy Gospel according to St. John

Glory to you, O Lord.

Many of the five thousand people Jesus fed in the wilderness continued to follow him throughout the countryside. Jesus challenges them to consider the real nature of their quest.

When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give vou. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat." Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

Praise to you, O Christ.

Sermon

Sermon Hymn..... "Bread of Life from Heaven"



Text: Susan R. Briehl, b. 1952

Music: ARGENTINE SANTO, BREAK NOW THE BREAD; Argentine traditional, refrain; Marty Haugen, b. 1950, stanzas Text and music © 2001 GIA Publications, Inc., 7404 S. Mason Ave., Chicago, IL 60638. www.giamusic.com 800.442.3358 All rights reserved. Used by permission.

The Apostles' Creed

I believe in God, the Father almighty. creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints. the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen

Prayers of Intercession

Calling on the spirit of Wisdom to guide our hearts and our minds, let us pray for the church, the world, and all in need.

A brief silence.

O Wise One, your wisdom has been present in this world since its beginning. Pour out your wisdom into the hearts of the whole church, especially the newly baptized, lay leaders, deacons, pastors, and bishops. Lord, in your mercy,

hear our prayer.

Holy God of all creation, you are the source of all life. Where the sun blazes hard and strong, bring a gentle breeze. In the places experiencing the cold of winter, bring your warmth. Lord, in your mercy,

hear our prayer.

Compassionate God, help government leaders of this world unite for peace and justice. Humble all who hold authority, that power is directed toward a more just society. Lord, in your mercy,

hear our prayer.

Bread of life from heaven, you feed us. Fill all who hunger with needed nutrition and open our hearts to eliminate hunger in this world. May we see a day when all are fed. Be near to those in need or battling illness (especially Joyce, Charlie, Eric, Barbara, Lizzy, Christi, Virginia, Angelika, Sarah, Jenna, Dave, Joy, Frank, John, Vicki, Doris, Donna, Tyler, Kristin, Tom, Michael, Sandy, Gabriele, Nancy, Merle, Terri, Prentice, Rebecca, Bonnie, Kathie, Ruth, Bob, Michael and Peter.)
Lord, in your mercy,

hear our prayer.

O Wisdom of truth, help us to understand your will for the church. Be with congregations experiencing transition, redevelopment, and the exciting yet frightening path of newness. May your wisdom be found at every step. Lord, in your mercy,

hear our prayer.

Redeeming God, we give you thanks for the lives and witness of your saints now departed. Bring your beloved into eternal glory, opening wide the gates to the heavenly banquet. Lord, in your mercy,

hear our prayer.

We lift up these prayers to you, gracious God. Receive them into your holy keeping.

Amen.

Sharing of the Peace

The peace of the Lord be with you all.

And also with you.

Offering

Offering Hymn.... "You Who Are Thirsty"

Offering Prayer

Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world.

Amen.

Thanksgiving at the Table

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.
Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:

This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Distribution

Amen.

We will be using the intinction method for distribution. You will be handed bread and asked to dip the bread in the chalice. Gluten-free bread and grape juice are available. Please make your way forward by the center aisle, returning down the side. If mobility is a problem for you, please notify an usher and you will be served at your seat.

Invitation to Communion

Christ has set the table with more than enough for all. Come!

Communion Song..... "Hungry (Falling On My Knees)"

Post Communion Prayer

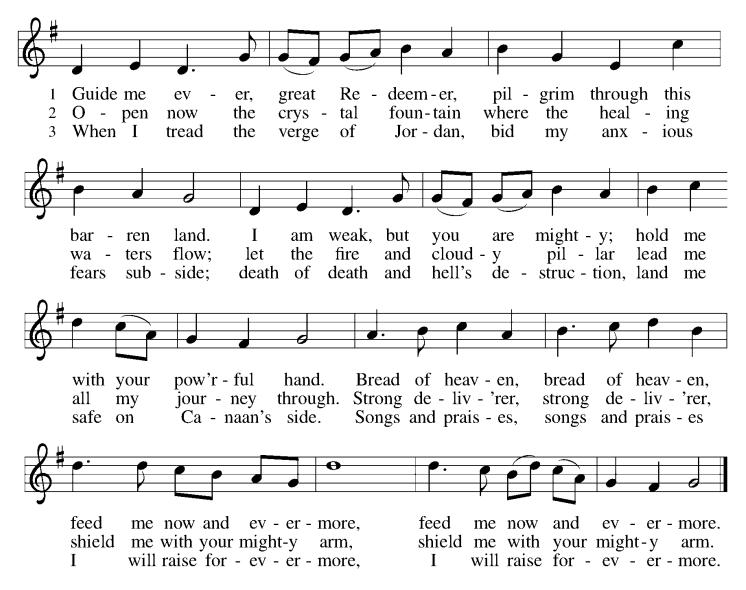
Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray.

Blessing

The blessing of God, who provides for us, feeds us, and journeys with us, + be upon you now and forever.

Amen.

Sending Song..... "Guide Me Ever, Great Redeemer"



Text: William Williams, 1717–1791; tr. William Williams and Peter Williams, 1722–1796, alt. Music: CWM RHONDDA, John Hughes, 1873–1932

Dismissal

Go in peace. Serve the Lord.

Thanks be to God.